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### **SAVE THE DATE!**

You are invited to attend our next **FUSE** quarterly **general meeting**, which will take place this month, on **August 19th**, from **9:00 to 11:00 a.m.** in the board room. Come share a light breakfast with your coworkers, have a chance to win some cool prizes, and most importantly, catch up on what FUSE executive board has been doing. As FUSE members, you will be granted release time from your work schedule for those hours that are impacted by our event. Watch for RSVP request coming soon!

### **LiUNA General Convention**

The Laborers' International Union of North America will hold its 24th convention in September. This General Convention takes place every five years. All unions affiliated with LiUNA, including FUSE Local 1212, are required to be represented at this convention through their duly elected delegates. FUSE Local 1212, in combination with Local 792 in Redding, California, were allowed a total combined delegate representation of 10, in which FUSE Local 1212 received 2 delegate positions. Nominations and elections took place in June, and FUSE President Kristie Purdy and Business Manager, Rick McMurtry were elected to represent FUSE. All delegates to the 2011 LiUNA General Convention who attend the 4-day convention will spend their days passing resolutions and amending the LiUNA constitution, which will set the course for the union for the next five years.

### **Welcome New Members!**

**Nicolette Riley**, Student Services Technician, Admissions and Records

**Julia Arreguy**, Systems Analyst/Programmer, Information and Instructional Technology



## MEET MIKE CORY

Mike Cory, Facilities Maintenance Technician at Tahoe-Truckee, has been with Sierra College for 3 years. “From janitorial to installing electrical and gas lines, that’s what I do.” When asked what he likes about his job, he replied, “The people, my supervisor, the area, I love the mountains, the fact that we’re trusted to take care of problems up here without too many questions.” As you can see from the photo, Mike is also a firefighter. This was taken during Wildland Training with the California Department of Forestry. “Wildland means blast fires, mountainous terrain. I was the engineer and oversaw a couple new members that needed training and certification. On that hose lay, we put out a little over 1,000 feet of hose.” Mike is also on the incident response team at Tahoe-Truckee and Rocklin. “I’m also part of RTAC, which is a government agency that deals with terrorist attacks. I am a terrorist liaison officer for any area around Truckee and our campus.” Mike grew up in Concord, where he eventually drove a Foster Farms (“Always Natural, Always Fresh”) truck for about 20 years. Before his move to Truckee 3 years ago, he was a firefighter and school bus driver near Turlock. He is married, and has a son and a step-daughter. In his spare time, he likes to 4-wheel drive off-road and site-see. Something Mike has always wanted to do but has yet to find the time? “To get a private pilot’s license.” What comes to him naturally? “Working with my hands. I can do just about anything.” Biggest pet peeve? “My wife – just kidding. People that don’t follow the rules.” Mike is most proud of his work with the fire department. “I was most proud of saving quite a few lives. I was a first responder. I was a R.I.C.K. team member, which was rapid extraction of downed firefighters. You get a lot of gratification when you’re able to save somebody or bring someone back to life. I was a good firefighter.” He’s been hurt twice while firefighting. “Once I was rolling out hose to reload a truck and the end of the hose hit me in the face and cut me below the eye.” Favorite humanitarian cause? “My time. I volunteer my time to anyone who needs it. Matter of fact, I’ve been doing concerts up here with the EMT teachers and the money goes to scholarships for the students.” Thoughts about the union? “Nothing specific, but they’ve treated me well.” Thank you, Mike, for your candidness!

## POLO DAYS

Thank you to the following members who were spotted wearing their FUSE Polos on Polo Days, which are the first and third Thursdays of every month. They were awarded with their choice of a Starbucks or Subway gift card.

- Eloisa Castro
- Patrick Thrasher

**When do I use . . . ?**

Even the best speakers of standard English get these two words mixed up:

**Lie, Lay**

There are various definitions for the words *lie* and *lay*; however, the two words are most commonly misused in their verb forms: *lie* (“to recline or rest on a surface,” for example, *The knives lie on the cutting board.*) and *lay* (“to put or place something,” for example, *Please lay the knives on the cutting board.*). Unfortunately, knowing the definitions is not always enough to get it right. Here’s why:

In each of the previous sentences, present tense is used. The condition/action is happening right now. The confusion comes in when we get into past tense because the past tense of *lie* (“to recline or rest on a surface”) is *lay*. OUCH! So, if the condition/action happened yesterday (or before), the following would be correct: *The knives lay on the cutting board.* (“to recline or rest on a surface”)

*He laid the knives on the cutting board.* (“to put or place something”) In addition to knowing the definitions, then, it’s a good idea to be familiar with both past and present forms of each word.

BASE FORM	PAST TENSE	PRESENT PAST PARTICIPLE	PARTICIPLE
lie (to recline)	lay	lain	lying
lay (to put)	laid	laid	laying

Still confused? Remember, although at the Writing Center we prioritize the needs of students, we often consult with staff as well—we are your Writing Center, too. Come up and see us!

Work Consulted: Hacker, Diane and Nancy Sommers. *A Writer’s Reference*. 7<sup>th</sup> ed. Boston: Bedford/St. Martin’s, 2011.



When was the last time you rode a train? It isn’t the quickest mode of transportation but it certainly is relaxing, scenic and economical. Consider utilizing Amtrak as part of the destination instead of merely transportation to the destination.

In the wintertime, there is no better way to view the snow capped Sierras than by Amtrak. You can depart Roseville and be in Truckee 3 hours later via a meandering climb through the foothills. Docents on board add interest as they recapture the early days of this Amtrak route. Or you can continue on the train right into downtown Reno.

Widely regarded as one of the most spectacular of all train routes, the Coast Starlight links the greatest cities on the West Coast. En route daily between Seattle and Los Angeles, the Coast Starlight passes through Portland, Sacramento, the San Francisco Bay Area and Santa Barbara.

Amtrak’s website has been redesigned and is very user friendly. There are interactive maps as well, to assist you in dreaming up your perfect train getaway. Visit them at Amtrak.com.



## Layered Cobb Salad

### Dressing:

- 3 Tbl red wine vinegar
- 1 Tbl fresh lemon juice
- 2 tsp Dijon mustard
- Garlic clove, minced
- 1/2 tsp salt
- 1/2 tsp sugar
- 1/4 tsp black pepper
- 1/2 cup extra virgin olive oil

### Salad:

- 3 skinless boneless chicken breast halves (1 1/4 lbs)
- 2 avocados
- 1 head romaine, cut crosswise
- 6 bacon slices, cooked until crisp, drained, and finely chopped
- 3 medium tomatoes seeded and cut into 1/2-inch pcs
- 2 to 3 oz Roquefort, crumbled (1/2 to 3/4 cup)
- 2 bunches watercress, coarse stems discarded
- 2 large hard-boiled eggs, halved and forced through a coarse sieve

### Make dressing:

Whisk together all dressing ingredients except oil in a bowl, then add oil in a slow stream, whisking until emulsified.

### Make salad:

Bring 5 cups water to a simmer in a 2-quart saucepan, then simmer chicken, uncovered, 6 minutes. Remove pan from heat and cover, then let stand until chicken is cooked through, about 15 minutes. Transfer chicken to a cutting board and cool completely. Cut into 1/2-inch cubes.

Halve, pit, and peel avocados, then cut into 1/2-inch cubes.

Spread romaine over bottom of a 6- to 8-quart glass bowl and top with an even layer of chicken. Sprinkle bacon over chicken, then continue layering with tomatoes, cheese (to taste), avocados, watercress, eggs, and chives.

Just before serving, pour dressing over salad and toss.

Cooks' note: Dressing can be made and salad assembled 1 hour ahead and chilled separately, covered.

# August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 NEGOTIATIONS 10:00-4:00	4 POLO DAY! FUZE E-BOARD 8:00-10:00	5	6 BOARD OF TRUSTEES RETREAT
7	8 OMNIPARTY 1:00-4:00	9	10 NEGOTIATIONS 1:30-4:30	11 CLASSIFICATION COMMITTEE 9:00-10:00	12	13
14	15	16	17	18 POLO DAY! CONVOCAION	19 FUZE GENERAL MEETING 9:00-11:00 Board Room	20
21	22 1 <sup>st</sup> DAY OF INSTRUCTION	23 OMNIPARTY 1:00-4:00	24	25 FUZE E-BOARD 8:00-10:00	26 STRATEGIC COUNCIL 9:00-12:00	27
28	29	30	31			

## Calendar Legend

Green	Open to members
Red	Closed to members
Blue	Informational